Request for Letters of Interest
Dialectical Behavior Therapy

Overview
Alliance Behavioral Healthcare is requesting Letters of Interest from current Alliance network providers to deliver Dialectical Behavior Therapy (DBT) in Wake County for adults suffering from borderline personality disorder (BPD) or individuals with suicidal and other multiple occurring severely dysfunctional behaviors.

Alliance is interested in contracting with up to three high-quality organizations that are committed to developing a DBT program to meet fidelity to the DBT model including participation in and completion of training and supervision expectations inherent to the model.

Respondents to this request must meet the following minimum requirements:

- Be current network providers with Alliance Behavioral Healthcare current Medicaid and state contract to provide outpatient services
- Have a credentialed site for outpatient services within Wake County
- Agency must currently be treating the target population and have at least one current staff member who has received training from a recognized DBT training organization
- Submit a complete and timely response that includes all submission requirements noted below

A response to this request indicates an organization’s interest in providing the services described herein, but does not obligate Alliance Behavioral Healthcare to any contractual agreement. Alliance reserves the right to pursue contracts for this service with any agency deemed by Alliance to meet the service needs of the local community.

Scope of Work
Selected agencies will be willing to develop a team(s) of up to three clinicians trained in DBT. Agency must have a demonstrated capacity to provide comprehensive clinical assessments and offer after hours and crisis response. Agency also must have demonstrated experience collecting and reporting treatment outcome measures. Preference will be given to agencies who have clinicians who have experience with DBT and serving the target population.

Target Population and Eligibility Criteria

DBT is appropriate for individuals who evidence:

- Significant impairment in at least two life domains
- Axis II mental health diagnosis
- Meet criteria for Borderline Personality Disorder and/or
- Have recurrent suicidal behaviors
Referrals and Funding
Referrals may come from Alliance Behavioral Healthcare, hospitals, crisis centers, private providers, and other community stakeholders.

Services rendered shall be reimbursed on a fee for service basis. Alliance will work collaboratively with the selected providers to develop a rate, authorization requirements, and service limits that fully support the model. All requests for service authorization shall be submitted through the Alpha provider portal. Alliance will assist with initial training costs associated with this request.

Submission Requirements
Letters of Interest should be submitted by e-mail or delivered unsealed titled

LETTER OF INTEREST FOR WAKE Dialectical Behavior Therapy to:

Alliance Behavioral Healthcare
4600 Emperor Boulevard, Suite 200
Durham, NC 27703
Attention: Carlyle Johnson, Ph.D.
AllianceRFP@AllianceBHC.org

All Letters of Interest must be received on or before 5:00 pm on September 12, 2014. Submissions transmitted via e-mail is at the providers risk and may not be guaranteed to have been received because of transmission glitches, power outages or any other potential causes.

Questions should be submitted by e-mail to AllianceRFP@AllianceBHC.org by 5:00pm Friday, September 5, 2014. An e-mail summary of responses to all questions will be sent by 5:00pm Tuesday, September 9, 2014 to all who have submitted questions or requested to receive updates. Providers that are interested in receiving updates should register for updates by sending contact information to AllianceRFP@AllianceBHC.org.

Letters of Interest should include:
1. Name and contact information for the agencies primary contact for this initiative, who would be available to discuss the response and follow-up.
2. A brief statement of provider’s interest and a brief description of your vision for creating a DBT program to support an individual’s transition into a more permanent situation.
3. A brief description of experience treating the target population and identification of at least one current staff member who has received training from a recognized DBT training organization
4. A brief overview of the proposed program, plans for staffing and delivery of services and anticipated timeframe for implementation of services.

Upon receipt of all submissions, Alliance staff will review and contact respondents for additional information, clarification, interview and any other steps necessary to select a provider for this service.